Group Health Centre's myCARE Experience:

Getting Patients Connected to their Health

Phyllis Bettello Team Lead - myCARE Project



Group Health Centre (GHC)

- Located in Sault Ste. Marie, Ontario
 - Population: 75,141 (2011)
 - Approx. 700km North-West of Toronto
- Ontario's largest alternatively-funded health care organization
 - GHC serves over 70,000 patients
 - Approx. 300,000 visits each year





- Opened in 1963
- Home to 80 Physicians and
 11 Nurse Practitioners
 - Includes specialty and family practices

GHC

CARE

 Houses over a dozen clinical programs and services across 8 sites

Built on a foundation of innovation

- Our mission: "to provide innovative, exemplary, patient-focused community healthcare services"
- First consumer-sponsored healthcare facility funded by donations of union members of local Steel Plant
- Recipient of numerous national and international awards for innovations in patient care delivery
- One of the first sites in Canada to use an Electronic Medical Record (EMR) starting in the 90s



Our project mission

• To offer a patient portal to a diverse patient population within the ambulatory care setting.





Our Patient Portal: myCARE



my**C**hart:

- Review medications, immunizations, allergies, medical history, current health issues
- Request access to family's accounts for access to growth charts, etc.



- my**A**ppointments:
- Schedule or request an appointment, view details of past or upcoming appointments



my**R**esults:



- Receive test results on line
- my**E**-Messages:
- Secure messaging with health care team and Rx Renewals



Successes

- Provider buy-in
 - 35/40 primary care physicians use portal
- Adoption
 - Patients of all ages love myCARE
- Access
 - Decreased phone calls/ office visits
 - Anywhere, anytime access





Challenges

- Provider buy-in
 - Myth busters
- Adolescent patients (age 12-15 years)



- Sensitivity surrounding health information in this population
- Activation process
 - Endorsement from provider is key



Lessons Learned

- Activation
- Agile issue management by project team
- Communication
- Pilot group test, address issues, workflow management





Key Engagement

- Support from Senior Leadership
- Physician Champions
- Endorsement from Medical Leadership
- Integrated team approach project team + operations





Patient Stories

- "I think this is a wonderful program. Being a new mom and working, I don't always have time to call in or get down to GHC. This saves me a lot of time and hassle."
- "Fantastic to have my information readily available. It is great that I can get my test results so quickly (and I can understand them). Saves a lot of time worrying. It is also great that I can fire off a question to my doctor. Love myCARE!"
- "Everyone should care about their health and this will make it easier."



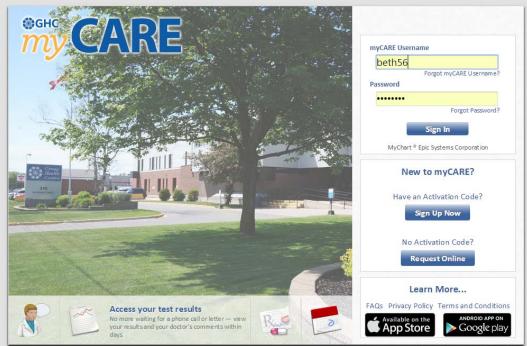
"99% of survey respondents would recommend myCARE to family & friends"

myCARE Satisfaction Survey - Summer 2015



Thank you

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