### Digital Order Sets Support Patient Safety by Increasing VTE Prophylaxis

e-Health 2016 Vancouver



Charlton Campus King Campus West 5th Campus



St. Joseph's

Healthcare & Hamilton

### **About St. Joes**

- - Charlton Campus



**King Street** Campus



West 5th Campus Charlton Campus King Campus West 5th Campus

 St. Joseph's Healthcare-Hamilton, Ontario

- Academic and research centre in the St. Joseph's Health System
- Acute, Tertiary, Regional, Ambulatory, Mental Health and Addiction across 3 campuses and satellite locations
- 4,000 staff, 700 physicians and 600 volunteers
- 50,000 ED visits/yr, 700+beds

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#### **Requirement – Practice Standards** Choosing safer healthcare Wisely Canadá ACCREDITATION CANADA AGRÉMENT CANADA MENTION **Fvidence** CCSO Critical Care Services Ontario Based Health Quality Ontario **Practice** Thrombosis Canada THE SOCIETY OF **Canadian Cardiovascular** OBSTETRICIANS Society Thrombose Canada Leadership. Knowledge. Community.

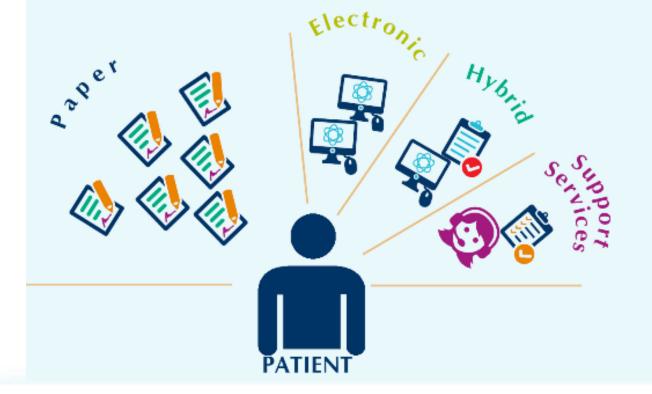
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### **Challenge – Paper Chart**

### **TODAY 1 Patient** Can have information in up to 20 places



EMRAM Stage 1.7



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### **Solution – Digital Order Sets**





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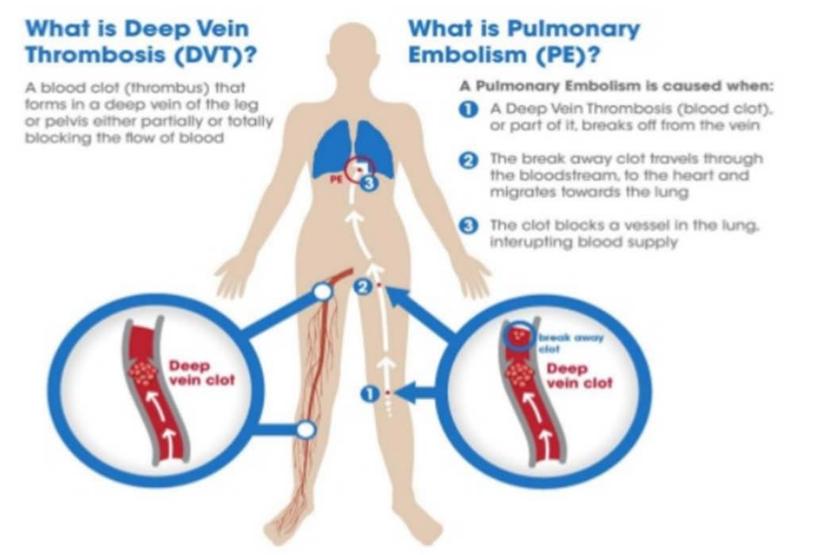
# **Accreditation Canada**



"Evidence shows that incidence of VTE can be substantially reduced or prevented by identifying clients at risk and providing appropriate, evidence-based thromboprophylaxis interventions" (2015)



### Venous Thromboembolism



### **Required Organizational Practice (ROP)**

- Organizational VTE prophylaxis guideline
- Universal patient risk assessment
- Provide evidence based VTE prophylaxis
- Monitor practice and manage improvement



### **Universal Risk Assessment**

#### **High Risk**

- Post operative patient having the following surgery: Hip or Knee Replacement
- Hip or Pelvic or Lower Extremity Fracture Heparin Induced Thrombocytopenia
- Any major surgery (post-op)+ previous DVT/PE

#### **Moderate Risk**

- Post operative patient having the following surgery: Cancer, Thoracic, Abdominal, Urologic, Gynecologic
- Medical patient with history of DVT/PE
- Major Cardiovascular / Respiratory Disease or Cancer or Infection
- Patients with Immobility

#### Low Risk

- No High or moderate risk
- Able to ambulate without restriction





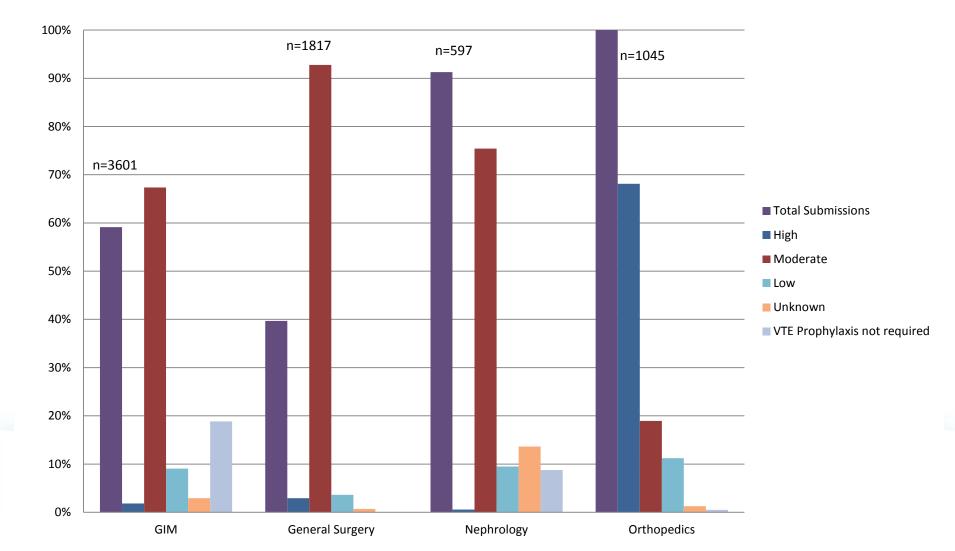
ADT interface Populates patient information

Allergies:								
Venous Thromboembolism (VTE) Prophylaxis Order Set								
Orders Transcribed	Versus Through a stress (VTE) Described and							
	Venous Thromboembolism (VTE) Prophylaxis							
Date: (yyyy/mm/dd)	Refer to VTE Prophylaxis Associated Document for risk assessment guidelines							
	***These orders do not apply in the pre-operative setting.							
Time:	If surgery is anticipated in the next 12 – 24 hours consult surgery or anesthesia***							
(hh:mm)	***Orders do not apply if patient is receiving an anticoagulant at therapeutic dose***							
	Laboratory Investigations							
PRINT NAME Signature/Discipline	CBC, INR, aPTT, and serum creatinine (if not done in last 24 hours)							
	Risk Assessment							
	Risk assessment has been completed (yes/no)							
	High risk – recommend referral to Thrombosis Service							
	Moderate risk – see below orders							
Orders Scanned	Low risk – VTE prophylaxis not required, reassess as needed							
	VTE prophylaxis not required. Reason: Patient on therapeutic anticoagulation							
Date:								
(vvvv/mm/dd)	C Other:							

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### **VTE Risk Assessment Rates**

#### Digital Order Set Submission and VTE Risk Assessment 2015-16 N=7060



### **ACCP Guidelines**

Low-molecular-weight heparin (LMWH), lowdose unfractionated heparin (LDUH), or fondaparinux recommended for patient undergoing major surgery. (Geerts et al., 2008)



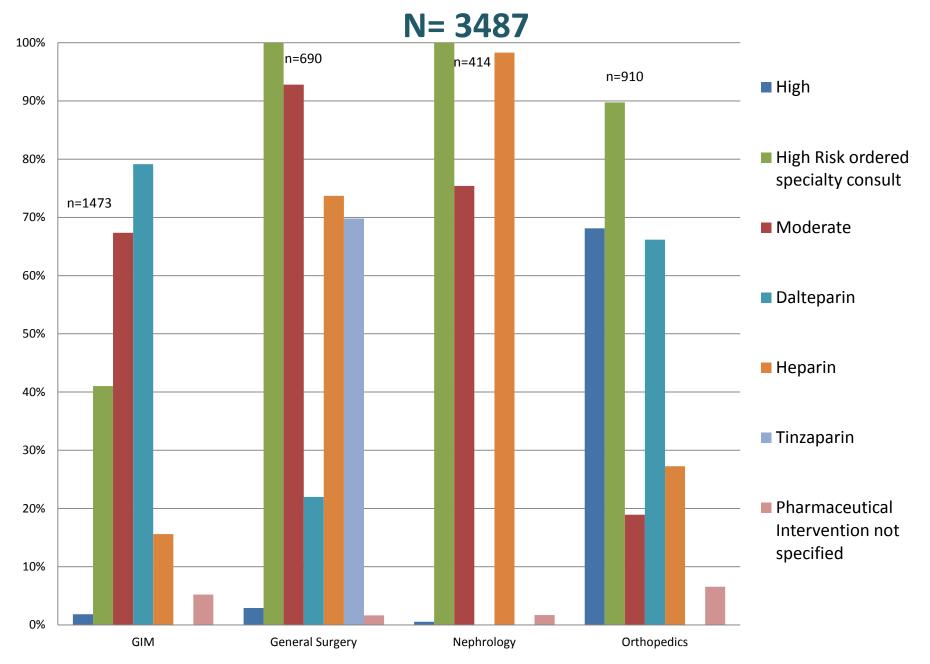
### **VTE Pharmaceutical Prophylaxis**

Patient Population	Agent	Dosing		
<ul> <li>All medical, surgical and critical care patients except:</li> <li>Post op Arthroplasty</li> <li>Post op Bariatric Procedure</li> <li>Renal Impairment (+/- Dialysis)</li> <li>Heparin Induced Thrombocytopenia</li> </ul>	Dalteparin	Dalteparin 5000 units, subcutaneous, once daily**		
<ul> <li>Lower Limb Arthroplasty Surgery</li> <li>Total Hip replacement or revision</li> <li>Total Knee replacement</li> <li>Bilateral Total Knee replacement</li> </ul>	Rivaroxaban	Refer to Thrombosis/Vascular Medicine Team		
Post-Operative Bariatric Procedures	Tinzaparin	Dosing is weight Dependant: Less than 110 kg : 4,500 units subcutaneous, once daily x 10 days 110-160kg : 10,000 units subcutaneous, once daily x 10 days Greater than 160 kg: 14,000 units subcutaneous, once daily x 10 days		
<ul> <li>Renal Impairment</li> <li>CrCl less than 30 ml/min (or)</li> <li>Dialysis Dependent</li> </ul>	Unfractionated Heparin (UFH)	5000 units, subcutaneous, twice daily		
Heparin Induced Thrombocytopenia	Fondaparinux	Refer to Thrombosis/Vascular Medicine Team		

### **Digital Order Set Integration**

Date:(yyyy/mm/dd) Time:(hh:mm) PRINT NAME	Moderate risk –	mmend referral to Th	ired, reassess a	e				
Signature/Discipline	High Risk	s Service						
Transcription Checked By         Date:	Other:         Moderate Risk         △ heparin 5,000 units subcutaneous first night post-operative x 1 dose         □ tinzaparin 14,000 units subcutaneous daily starting Post-Op Day #1 if weight is greater than 160 kg         ③ tinzaparin 10,000 units subcutaneous daily starting Post-Op Day #1 if weight is between 110 - 160 kg         □ tinzaparin 4,500 units subcutaneous daily starting Post-Op Day #1 if weight is less than 110 kg         □ Consult Thrombosis Service if seen by Thrombosis Service preoperatively         For patients with increased bleeding risk e.g. acute bleeding, thrombocytopenia (platelets less than 75×10 <sup>9</sup> /L), coagulopathy (INR greater than 1.5, aPTT greater than 40 seconds):         □ Intermittent pneumatic compression (Moon Boots)       □ Graduated compression stockings							
Order Written	Date:	(yyyy/mm/dd)	Time:		(hh:mm	n)		
Ordered By:			Check if counter	er signature req	luired			
Print Name	Signature	e	Counter Signatur	e Print Name	Pager #	Counter Signature/Discipline		

### Pharmaceutical VTE Prophylaxis 2015-16



### **Additional Benefits**

- More legible orders
- Less pharmacist to physician call-backs
- Quicker turnaround time from order to dispensing
- Less variation in practice
- Analytics enable real-time monitoring



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BENEF

### **Testimonials**



"Digital order sets are easy, safe and effective!" Angie Sutter, NP

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"Digital order sets bring standardization into the electronic environment with easy access to and use of evidence-informed efficient care protocols..." Dr. Abraham Rudnick, Chief of Psychiatry



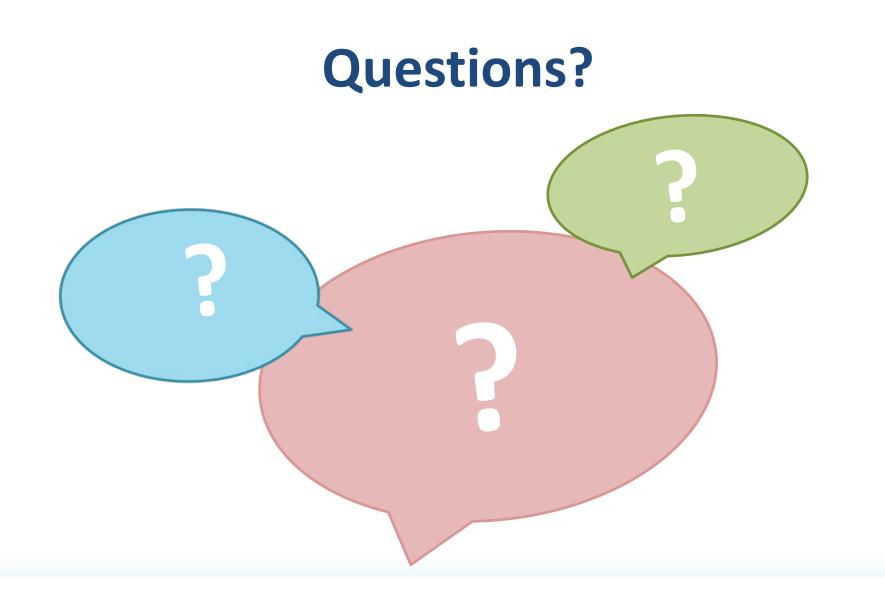
"The Digital Order Sets are very easy to use and user friendly!" Zainab Samaan, MD

### **Next Steps**

- Medical Advisory Committee and Senior Leadership Team ruled that a standardized Digital Order Set is mandatory for every patient at admission or post operatively
- Implement VTE Scorecard across all services
- Implement Continuous Quality Improvement across all services

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