

Get to Know your Keynotes



Zayna Khayat

Co-Founder
Senior Advisor
MaRS Discovery

What is your chief characteristic?
Infectious enthusiasm

What is your favourite food?
Anything with cinnamon

What is your idea of misery?
Any dream that is deferred

Who is the person you'd most want to have dinner with?
My grandpa (dad's dad) who fled Armenian genocide with his wife and four little children, and died when my dad (his oldest) was 12



Prof. Louis Hugo Francescutti

Visionary Storyteller
Royal Alexandra Hospital,
Northeast Community Health Centre, UofA

What is your favourite motto?
"Life is too serious to be taken seriously"

Who is the person you'd most want to have dinner with?
My mom who passed away in 2013

What is your favourite food?
Wood fired pizza from our backyard

Where would you like to live?
In a cabin deep in the forest by a roaring waterfall



Dr. Peter W. Vaughan,
Deputy Minister of Nova Scotia

Department of Health
and Wellness

Where would you like to live?
Completely in the moment

What is your idea of happiness?
The obliteration of desire and suffering

What is your favourite colour?
The shimmering event horizon of a black hole

What is your idea of misery?
A life without conscious awareness of the beauty of the universe

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